



Dr Palmer Friend Shelburne

January 6, 1930 - July 21, 2021

Palmer Friend Shelburne of Colfax, N.C., 91, died peacefully on July 21.

Palmer deeply loved his family, being a physician and caring for his patients. He loved getting outdoors to explore the natural world and travelled widely to see flowers, birds and mountains.

Palmer was born on January 6th, 1930 to Dr. and Mrs. Palmer A. Shelburne of Greensboro, N.C. He received his Bachelor of Science from Davidson College and his medical degree from the University of North Carolina at Chapel Hill. Following graduation, Palmer was an intern at Duke University. After marrying Julie Webber in 1956, he went on to serve 1 and ½ years in the U.S. Navy at Camp Lejeune. He then became a resident at Mass Memorial in Boston. Returning to his home state and Duke, Palmer held a fellowship in cardiology, launching a 30-year career of practicing medicine. In 1978, Palmer served as the President of the Greensboro Academy of Medicine. He was a lifetime member of the N.C. Heart Association, certified by the American Board of Internal Medicine and an associate of the American Board of Internal Medicine and the American College of Physicians. He was a fellow of the American College of Cardiology and the Council on Clinical Cardiology of the American Heart Association. Never one to slow down, Palmer went on after his retirement to 20 years of volunteering at Habitat for Humanity.

Palmer is survived by his wife of 64 years, Julie Shelburne, his daughter Cathy Beck (Bill), son Brian Shelburne (Erika) and son Peter Shelburne (Ellie) and his sister, Mary Helen Watkins of Durham, N.C. He was blessed with five grandchildren and many nieces and nephews. He was predeceased by his sister Ruth Bamford of Colfax, N.C.

His life will be celebrated on Sunday, July 25th at 2:00 pm at River Landing at Sandy Ridge, 1575 John Knox Drive, Colfax, NC 27235. Prior to the celebration, the internment will be held at Forest Lawn at 12:00 pm on Sunday, July 25th. The family will receive guests after the service at River Landing.

The family wants to express appreciation for the loving care provided by the staff at Winged Foot in River Landing.

In lieu of flowers, contributions can be made to The Nature Conservancy or Habitat for Humanity.

Cemetery

Forest Lawn Cemetery

3901 Forest Lawn Dr
Greensboro, NC, 27455

Events

JUL **Graveside Service** 12:00PM

25

Forest Lawn Cemetery
3901 Forest Lawn Dr, Greensboro, NC, US, 27455

JUL **Celebration of Life Memorial Service** 02:00PM

25

River Landing at Sandy Ridge
1625 John Knox Drive, Colfax, NC, US, 27235

Comments



“ Julie and family

I was so sorry to hear about Palmer. I did not know about this until after the service. I send my love and condolences to all of you. Such a great man, will be missed, Dot Sowerby

dot sowerby - July 25 at 02:30 PM



“ “Two raindrops merging and then separating on a window...
We never touch people so lightly that we do not leave a trace.
Learn to share with intention.”
From Spiritual Literacy, by Frederic and Mary Ann Broussard

Palmer understood and he shared with intention.
So many have been touched by this wonderful human being. So very glad that he walked this earth and touched my life.

Joyce Powers - July 24 at 11:59 AM



“ I was a brand new nurse on 2 West at Wesley Long when I met Dr. Shelburne. He was always so nice and gracious with not only the patients, but with the staff. He was always a gentleman and so patient with all of us. I have more than 1 story where he took the time to listen to me and explain things to me. He was one of the good guys. I am so sorry for your loss. He was loved by many and made a huge difference in this world. His legacy lives on. Thank you for sharing him with us. Billie Lineberry, RN

Billie Lineberry - July 23 at 03:04 PM



“ Such a wonderful physician! Dr. Shelburn was always kind and respectful to us as nurses in the CCU. He deeply cared for his patients and they, for him.
Congratulations on a life well lived!

LeeAnn Ball, RN - July 23 at 02:50 PM



“Palmer" was the the definition of a "gentle-man".

Mark Cable - July 23 at 01:53 PM



“ As a fellow resident of River Landing at Sandy Ridge I have known Palmer and Julie for only a few years. They both are very friendly and caring people. His interest in people and their well being was his major concern. We pray God's wonderful blessings for the family. Vernon and Maxine Cashwell

Vernon Cashwell - July 23 at 11:39 AM



“ Palmer Shelburne was the very best that medicine and humanity has to offer. I knew him as a fellow physician, and he was a mentor to me during my career as a medical teacher and infectious diseases physician at Cone Health. His thoughtful acumen was sought by many and his kindness to all was remarkable. I never saw him judge a patient or anyone else in a harsh way. He might offer some good advice but always with a gentle smile. On occasion there was a twinkle in his eye. When my father died in 1984, he wrote me a note of condolence although he had only known me for several years. I return the favor to his children and family. A wonderful human being in every way.
Timothy Lane, MD

Timothy Lane - July 23 at 09:09 AM



“ Dr. Shelburne was such a kind wonderful physician. I worked in the office next to him and also my father was his patient. My deepest condolences to his family. You will be in my prayers.

Barbara Goff - July 23 at 08:45 AM